

## Healthy Boundaries and Pottery Painting Workshop

PRESENTED BY METIS NATION OF ONTARIO

COMMUNITY WELLNESS PROGRAM

SATURDAY MARCH 1, 2025

11:00AM - 1:30PM

71 ALGOMA STREET SOUTH, UNIT 4

REGISTRATION REQUIRED AS SPOTS ARE LIMITED

Contact: TJ Hamilton Community Wellness Coordinator P: 613-296-2156 E: thomash@metisnation.org

