

November 2024

Métis Nation of Ontario Community Wellness Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1.
4.	5.	6. Walk In Wednesday 9:00am – 12:00pm In Office	7. Outreach Table 1:00pm - 2:45pm P.A.C.E.	8.
11. Office Closed	12.	226 May St South 13. Walk In Wednesday 9:00am – 12:00pm In Office	510 Victoria Ave East 14. Outreach Table 1:00pm – 2:45pm P.A.C.E.	15. Healthy Boundaries Presentation 12:00pm – 2:00pm
18. Office Closed	19.	226 May St South 20. Walk In Wednesday 9:00am – 12:00pm In Office 226 May St South	510 Victoria Ave East 21. Outreach Table 1:00pm – 2:45pm P.A.C.E. 510 Victoria Ave East	Zoom link to be provided 22.
25.	26.	27. Walk In Wednesday 9:00am – 12:00pm In Office 226 May St South	28. Outreach Table 1:00pm – 2:45pm P.A.C.E. 510 Victoria Ave East	29. Conflict Resolution Presentation 12:00pm – 2:00pm Zoom link to be provided

ALL PROGRAMS are FREE to Registered Participants.

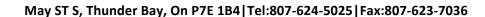
If you are interested in attending, please contact:

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